

Gaps in Care: Diabetes Prevention Program

A large hospital system suspected a significant percentage of their employee population were at risk or currently prediabetic. They created an in-house Diabetes Prevention Program (DPP) based upon national guidelines, a strategy that is proven to prevent or delay type 2 diabetes among people who have prediabetes or who are at risk of type 2 diabetes.

Wellvation collaborated with the client to achieve their objectives, track and manage participation and measure program impacts.

OBJECTIVES

1. Identify undiagnosed prediabetics in the employee population
2. Invite prediabetic participants to complete an in-house Diabetes Prevention Program

DPP Program Goals:

- Reduce rate of diabetic risk progression
- Improve diabetes knowledge
- Develop healthy self-care behaviors
- Improve glycemic control

METHODS

Wellvation Activated ManageWell

In collaboration with the client, Wellvation created AI analysis using a cross-sectional data-cube of evidence based prediabetic characteristics & risk factors

- Biometric risk factors
- Health Assessment risk factors
- ICD-9, ICD-10 Codes
- Other Clinical conditions associated with insulin resistance

500 Employees were identified as prediabetic.

Series of DPP communication, promotional outreach, recruitment and enrollment on ManageWell's personal employee portal.

Enrol, track & manage DPP participation

On-going DPP support activities, communication, and promotion

50% of eligible employees completed the Diabetes Prevention Program